

A

1/2 breath

First time only

-don't inhale!

x2 1breath + 2"

"First principle: one must need strength, otherwise one will never have it."

2/3 breath

1/2 breath

3/4 breath

x2

1breath

"So history is neither a perpetual novelty, nor a perpetual repetition..."

"my body is constantly perceived."

1/3 breath

x3

1st time only

7/8 breath

"... there has been no explosion for a long time..."

B

slaty

Go to A then

1/2 breath

1st time only

-don't breathe!

x2

1breath + 2"

gently

press down

keys

poco f